

We sometimes face roadblocks in our quest to become less isolated and move toward better relationships with each other and with God. These roadblocks or walls are what we refer to as life-controlling issues or problems. Most of us face a struggle with some kind of life-controlling problem some time in our lives. The easiest life-controlling problems to identify are harmful habits like drug or alcohol use, eating disorders, sexual addictions, gambling, tobacco use, and the like. But life-controlling problems also include harmful feelings like anger and fear. Sometimes we even feel trapped yet continue to hide behind smiling faces. We need God's help.

An Insight Group is a small group of participants who want to either get free, stay free, help someone else become and stay free from life-controlling problems, or who desire to learn more about the potential we all have for developing such a problem. This is also the entry group to all the other small groups being offered under More Than Conquers, Lay Counseling Ministry. Won't you join us? You will be glad you did!

**Living Free 9-Week "Insight" Group
Begins Monday, January 12, 2009 @ 7:00pm
Member Book \$9.00**

**New Creations Christian Church and Ministries
7726 Finns Lane, Suite 1, Lower Level
Lanham, MD 20706**

Call: 301-577-7995 to Register by January 4th

For a complete listing of Groups Offered, call our Church Office (301-577-7995) or visit www.NCCCM.org - Community

Setbacks and disappointments cannot be avoided in our walk with the Lord, no matter how spiritual we are. The key is not allowing hindrances or setbacks to arrest our spiritual development. We need God's help to show us the path to growth in Christ.

We are a small group of participants who want to be free to grow. This is the entry group to the appropriate ministry phase small groups being offered under More Than Conquers, Lay Counseling Ministry. Won't you join us? You will be glad you did!

**"Free to Grow*" 12-Week Small Group
Begins Monday, January 12, 2009 @ 7:00pm
Member Book \$10.00**

**New Creations Christian Church and Ministries
7726 Finns Lane, Suite 1, Lower Level
Lanham, MD 20706**

Call: 301-577-7995 to Register by January 4th

*** Only open to those who have completed "Insight" Group**

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